



Arif Anees Malik

Trainer, Best Selling Author, Conference Speaker
Columnist and Executive Coach



**CELEBRATING
TEN** YEARS OF
SUCCESS



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Possibilities® is a global Management Development & Consulting group enabling organizations achieve peak performance. We specialize in Leadership Development, Transformation, Strategy and Executive Coaching. Over 300 top organizations, including Fortune 500 companies, repeatedly benefit from our training, consulting, coaching, recruitment, advisory and professional services. Through our cutting edge learning and consulting solutions, we reach out to over 50 million people every year.

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AREAS OF EXPERTISE:

NLP for Business Leaders
Emotional Intelligence
Body Language
Stress Management

BOOKS:

Follow Your Dreams
Der k Agey Jeet Hey
Goron k Des Sey
Civil Service ki Laila
69 Secrets of Body Language (Co-authored. In process)

Arif Anis Malik is a certified trainer, best-selling author, conference speaker, columnist and qualified executive coach with background in psychotherapy, communication and personal excellence. As director of a UK based think-tank, he contributed to global peace initiatives including peace building between India and Pakistan and participated towards building Olympic Truce legacy in follow up of London Olympics 2012.

With advanced degrees in Applied Psychology and Business Management, Arif received executive education from LUMS, Imperial College London and the University of Oxford. Arif is member of the Royal Commonwealth Society and a fellow of the RSA (Royal Society for the encouragement of Arts, Manufactures and Commerce). He is a licensed NLP Master Practitioner and an expert mentor at the Institute of Enterprise and Entrepreneurs (IOEE) UK. He also holds certification from the World Bank Institute Washington DC. He has led educational, training & consulting projects in collaboration with US State Department, Asian Development Bank (ADB) and Foreign Commonwealth Office (FCO). He was one of the panellist speakers at 'Entrepreneur 2012', Europe's largest entrepreneurial event held at London ExCel along with President Clinton and other international icons.

From civil services to the field of personal excellence and success industry, Arif was lucky to be mentored and trained

by the global leaders, celebrated business gurus and personal development coaches including President Bill Clinton, Stephen Covey, Tony Robbins, Tony Buzan, Daniel Goleman, Richard Bandler, Richard Branson, Robert Kiyosaki, Donald Trump, Paul McKenna, Brendon Burchard and James Caan.

Arif has appeared in various programmes at BBC, ITV and Channel 4, Geo TV and ARY Network. He has spoken as a contributor/keynote at several global universities including the University of Oxford, Cambridge University, University of London, London Metropolitan University, Leeds Metropolitan University, Hong Kong University, School of Oriental Studies and London School of Economics

Apart from blogging, he contributes analysis and opinion to national and international newspapers. He writes extensively on political economy, conflict resolution, personal excellence and peak performance skills.





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Testimonials:

Arif is one of the most amazing coaches I came across and my life was never the same afterwards. His enthusiasm is simply infectious.

Merve Ferhan

Greenwich University, London - Turkey

Arif has this splendid quality to bring the best out of people. He knows how to set people on fire with his words and actions motivate the most doubtful soul. He has helped me go through an important personal transition and his wise words and understanding of life and growth has eased the passage and made it more meaningful.

Laura Houssain

LauraHoussain.com - France

Arif magically balances business and wisdom in a powerful manner. Being a psychologist, writer and an author, he certainly stands out as an executive coach in the international coaching market.

Lidija Markovic Rosati

Momentum Strategies Coaching - Serbia

Arif has been following his dreams throughout his life and by doing so he has made difference in thousands of lives. As a fellow traveller, I could see and appreciate his resilience and his unflinching spirits as he settles for nothing less than the best.

Leena Patel

Elite Coaching - United States

No matter how successful you are, no matter how many big things are going on in your life, there's always something that you can improve upon in your life. Arif can help you by providing you the tools the way he did to me. He has an amazing gift to inspire he spends every ounce of it.

Tanja Jenina Prof.

Personal Energy Management - Berlin - Germany

Right time, right words, right spirits – just awesome. While working for Success Resources, the world's largest training provider, I came across the best of the best in coaching. However, Arif never stopped surprising and inspiring me. Every time I would learn something new from him. Every time he would slip the carpet off my feet. Arif is simply a dynamo and privileged are those who happen to learn from him.

Tanja Jenina Prof.

Personal Energy Management - Berlin - Germany





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Clients:



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